





Very Rev. Edward C. Hathaway, Rector Rev. David A. Dufresne, Parochial Vicar Rev. Joseph B. Townsend, Parochial Vicar Rev. Noah C. Morey, In Residence Msgr. Michael Morgan, Assisting Rev. Robert Monagle, USAF, Assisting

310 South Royal Street + Alexandria, VA 22314 + 703.836.4100 + www.stmaryoldtown.org + admin@stmaryoldtown.org

HOLY SACRIFICE OF THE MASS

Check our website for information on which Masses are currently being live streamed

SUNDAY

7 a.m., 8:30 a.m., 10 a.m., 11:30 a.m., 1 p.m. and 5 p.m.

MONDAY through FRIDAY

6:30 a.m., 8 a.m. and 12:10 p.m.

SATURDAY

8:30 a.m. and 5 p.m. (Vigil for Sunday)

TRADITIONAL LATIN MASS

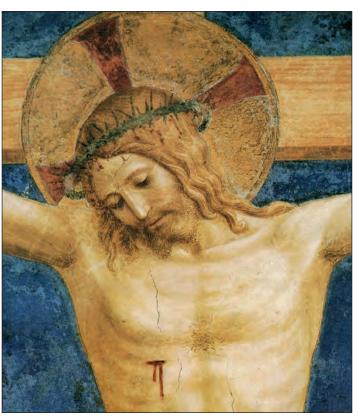
7:30 p.m., Third Friday of the month

FEDERAL HOLIDAYS and HOLY DAYS

Check the website and bulletin

SACRAMENT OF PENANCE

MONDAY through FRIDAY After 12:10 p.m. Mass WEDNESDAY 7:30 to 8:30 p.m. SATURDAY 9 to 10 a.m. and 4 to 5 p.m.



BASILICA HOURS

MONDAY through FRIDAY 5:30 a.m. to 9 p.m. SATURDAY 7:30 a.m. to 6:30 p.m. SUNDAY 6 a.m. to 6:30 p.m.

OFFICE HOURS (313 Duke Street) **MONDAY through FRIDAY** 9 a.m. to 5 p.m. Rosary Monday through Friday before 8 a.m. Mass and on Saturday before 8:30 a.m. Mass

Miraculous Medal Novena Monday 12 noon

Adoration of the Blessed Sacrament

Wednesday 12:45 to 8:30 p.m.

Adoration with Holy Hour & Benediction

Wednesday 7:30 to 8:30 p.m.

First Friday Nocturnal Adoration

Friday 9 p.m. until Saturday 8:20 a.m.

Communal First Saturday Devotion

First Saturday of the month at 8 a.m.

BAPTISMS

Sunday at 2:15 p.m. Please call the Parish Office to register in advance and obtain requirements for godparents, etc.

MARRIAGES

Contact Parish Priest a minimum of 6 months before possible wedding date for marriage preparation. Couples living together will be asked to live separately during marriage preparation.

THE BASILICA SCHOOL OF SAINT MARY

(Pre-K to 8th grade) 400 Green Street, Alexandria, VA 22314 Mr. Daniel Cinalli, Principal

> 703.549.1646 www.smsva.org stmaryoffice@smsva.org

CONSIDER GETTING INVOLVED IN OUR PARISH APOSTOLATES

PRAYER & WORSHIP								
Adoration of the Blessed Sacrament 12:30 -7:30 p.m. Wed.	Maureen Breiner	tb5va@aol.com						
Altar Servers	Father Joseph	frjoseph @stmaryoldtown.org 703.836.4100						
Lectors	Chris Bahret	bahretcj@hotmail.com						
Luminaries of Holy Mary Fatima Prayer Group	Frank Spicer	praydailyrosary @gmail.com						
Mary Martha Guild	Christine Kleiber	MMG @stmaryoldtown.org						
Nocturnal Adoration Society 9 p.m.1st Friday to 6 a.m.1st Saturday	Helen Lynch	helenlynch21 @gmail.com						
Rosary Prayer Group Rosary before 8 a.m. weekday Mass, and 8:30 a.m. Saturday Mass	Call Parish Office	703.836.4100						
Rosary Society	William Beach	wbeachkoc459 @gmail.com						
Sacristans	Steve Young	asyoung001 @gmail.com						
Saint Katharine Drexel Society	Monica Favela	skdsociety @stmaryoldtown.org						
Sanctuary Society	Stephanie Giorlando	ccampbell49@cox.net						
Schola Cantorum 10 a.m. Sunday Mass	David Elliott	delliott @stmaryoldtown.org						
Seven Sisters Apostolate Holy Hour for Priests	Mary Beth Riordan	MaryBethRiordan @gmail.com						
Ushers	Steve Teslik	basilicaofstmary.ushers @gmail.com						
SERVICE								
ALIVE! Alexandrians InVolved Ecumenically	Tim Burns	alive.saintmarys @gmail.com						
Bereavement Committee Receptions after funerals	Kitty Guy	kitguy100@aol.com 703.765.9478						
Carpenter's Shelter	Ed Velarde	evelarde @eaglebankcorp.com						
Christ House	Julie Howard	juliehowardmom @aol.com						
Gabriel Project Pro-life pregnancy help	Becky Lilly and Elizabeth Snodgrass	gabrielprojectstmary @gmail.com						
Jail Ministry Alexandria City Jail	Philippe Bruno	pmvjbruno55 @gmail.com						
Pro-Life Activities	Bob Whearty	prolife @stmaryoldtown.org						
Senior Services of Alexandria (SSA)	Annie Hall (Saint Mary Ambassador)	ahall @stmaryoldtown.org						
Shut-In Visitation	Call Parish Office	703.836.4100						
Saint Vincent de Paul Society	Marietta Bernot	svdp2marietta @gmail.com						
Sunrise Retirement Home	Father Joseph	frjoseph @stmaryoldtown.org 703.836.4100						
Woodbine Rehabilitation Center	Judy Klesius	703.836.1777						

EDUCATION & EVANGELIZATION								
Adult Faith Formation, CCD, RCIA	Hilary Munger	hmunger @stmaryoldtown.org 703.836.4100 x 3033						
Date Night at the Basilica	Erica Englefield datenightatthebasilica and Ann Somerset dehotmail.com							
Eucharistic Apostles of Divine Mercy	Harry and Lynne Dolton	hldolton@aol.com 703.960.0592						
Institute for Faith & Public Culture	Carlos Briceno	cbriceno @stmaryoldtown.org 703.836.4100 x 3009						
Legion of Mary	Adria Tayrani	avillar@hotmail.com 571.310.4016						
Secular Franciscan Order	Sadie Martins	nannyseverina @gmail.com						
That Man Is You	Dan Ermer dpermer@me.com 858.603.4603 Wayne Cimons 703.973.5412	tmiystmaryoldtown @gmail.com						
Walking with Purpose	Mindee Arritt	wwp@stmaryoldtown.org						
	FELLOWSHIP							
American Heritage Girls Troop 0325	Teresa McMorris	stmaryahg@gmail.com						
Ancient Order of Hibernians	Brendan Cooney	brendan.p.cooney1 @gmail.com						
Boy Scout Troop 301	Dan Scheeler	dscheeler@gmail.com						
Catholic Daughters of the Americas Court Kavanaugh #54	Marguerite McAuliffe	mmca8474 @gmail.com						
Catholic Sports www.catholicsports.net	Helena Briggs	catholicsports @stmaryoldtown.org						
Cub Scout Pack 301	Patrick Lusch	cc.pack301@gmail.com						
CYO Sports	Mary Fran Delaune	mfdelaune@aol.com						
Girl Scouts	Alice Goulet	downeytwina @comcast.net						
Junior Catholic Daughters Grades 6-12	Kathryn Doherty	kathryndoherty @gmail.com 202.270.6008						
Knights of Columbus www.kofc459.org	Chuck Zakrzwski	basilicaofstmarysknights @gmail.com						
Praying College Moms	Luanne Griffin	pcm@stmaryoldtown.org						
Saint Labre Community www.catholicmhm.org/ labrenova	Kirsten Obadal	stlabrecommunity @gmail.com						
Saint Mary's Play Group	Jennelle Hoffman Claire Purple	saintmarystots @gmail.com						
Saints Anne & Joachim Society Seniors 55+	Barbara Juszczyk	bjuszczyk @stmaryoldtown.org						
Youth & Young Adult Apostolates	Mariane Staron	mstaron @stmaryoldtown.org 703.836.4100 x 3030						

 $\label{thm:continuous} To \ learn \ more \ about \ our \ parish \ apostolates, \ visit \\ www.stmaryoldtown.org/apostolate.$



Basilica of Saint Mary STAFF 703.836.4100

Sheena Anderson, Part-time Administrative Assistant x 3015 / sanderson@stmaryoldtown.org

Carlos Briceño, Director of Communications & Evangelization x 3009 / cbriceno@stmaryoldtown.org

David Elliott, Director of Music x 3019 / delliott@stmaryoldtown.org

Carmen Federle, Parish Liaison to Diocesan Office for the Protection of Children & Young People x 3027 / cfederle@stmaryoldtown.org

Susan Gray, Assistant Director of Religious Education x 3023 / sgray@stmaryoldtown.org

John Harchick, Director of Facilities x 3021 / facilities@stmaryoldtown.org

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Anne Mathis, Chief Stewardship Officer 443.994.9065/amathis@stmaryoldtown.org or amathis@smsva.org

Hilary Munger, Director of Religious Education x 3033 / hmunger@stmaryoldtown.org

Elena Otero-Bigg, Assistant to the Rector x 3029 / ebigg@stmaryoldtown.org

Jackie Riordan, Receptionist & Administrative Assistant x 3015 / jriordan@stmaryoldtown.org

Mariane Staron, Director of Youth & Young Adult Apostolates
x 3030 / mstaron@stmaryoldtown.org

Trish Weiler, Director of Finance x 3011 / tweiler@stmaryoldtown.org

Aaron Zanca, Assistant Director, Youth & Young Adult Apostolates x 3024 / azanca@stmaryoldtown.org

Oremus pro invicem "Let us pray for each other"

Father Edward C. Hathaway, Rector

WHY DON'T WE EAT MEAT ON FRIDAYS IN LENT?

Since Christ suffered and died on the cross on Good Friday, we set aside Friday to unite our own sufferings to His. The Church still recognizes every Friday of the year as a "Little Good Friday." Just as every Sunday is a "Little Easter," when we should avoid unnecessary work and reserve time for God, Fridays are days for uniting our own little sacrifices with the sacrifice of Christ.

For many ages, that meant abstaining from meat on all Fridays throughout the year. We still do that on Fridays in Lent. On other Fridays, we now may choose to perform another form of penance or an act of charity.

But why meat? In most ancient cultures, meat was a worthy sacrifice because it was a delicacy associated with celebrations. After all, the "fattened calf" was slaughtered only when there was something special to celebrate. Since Friday is traditionally a day of penance and mortification anyway, avoiding meat that day is appropriate. The Latin *carnis* indicates the kind of "meat" not permitted on Fridays is "animal flesh" or the meat from "land animals" – chickens, cows, sheep or pigs. Birds are also considered meat. Fish, amphibians, reptiles (cold-blooded animals) and shellfish are in another category and are permitted. So you may still eat alligator stew or frog legs!

Interestingly, the word *carnivale* or carnival, referring to the merrymaking and festivity in the last hours before Lent, likely comes the medieval Latin *carnem levare* or *carnelevarium*, which means to take away or remove meat!

FEAST OF SAINT JOSEPH & SAINT JOSEPH ALTAR



While Lent is traditionally a somber season, **Saturday**, **March 19**, brings a brief respite with the Feast of Saint Joseph, Spouse of the Blessed Virgin Mary and Foster Father of our Lord Jesus Christ. Saint Joseph was a man of great virtue to be studied, imitated and honored.

This year we will pay tribute to the humble carpenter here at the Basilica by constructing a traditional Saint Joseph Altar in our parish Lyceum. The altar is a custom in many Catholic countries, especially Italy, and was brought to this country by immigrants. The devotion is popular among Italian Americans

in the Northeastern United States and New Orleans. The custom is so common in Southern Louisiana that there is scarcely a home or parish without an altar!

There are several ways you and your family can participate with us:

MASS & ALTAR SET UP. We begin the day with our regular 8:30 a.m. Mass. After Mass, your help is needed to set up the Saint Joseph Altar in the Lyceum.

FOOD. Following Mass, bring to the Lyceum any baked goods, casseroles and other special dishes you'd like to share as offerings to God by way of the good San Giuseppe. Especially welcome are breads, cakes and cookies!

ALTAR BLESSING & SOCIAL. Our Saint Joseph Altar will be blessed after the 5 p.m. Vigil Mass, followed by a social. We will want to eat! *Manga, manga!* So, please bring heartier foods (like casseroles) for that part of the celebration. For those parishioners without the magic touch in the kitchen, feel free to bring something from the grocery store or a bottle of chianti.

FOOD FOR THE POOR. It is an Old-World custom to provide food to the poor on this feast day, an act of almsgiving since the feast falls in Lent. Please bring canned and other non-perishable foods to the Lyceum to share the joy and communion of Saint Joseph with those most vulnerable among us.

For more information, or to volunteer to help, please contact Aaron Zanca at azanca@stmaryoldtown.org or 703.836.4100, extension 3024.

IN OUR PRAYERS

DAILY **M**ASS **I**NTENTIONS

Sunday, March 6

7 a.m. — Lilia Preciado
8:30 a.m. — Parishioners of Saint Mary
10 a.m. — Jay Terry †
11:30 a.m. — Dr. Daniel Philbin †
1 p.m. — Special Intention: Frank
5 p.m. — Special Intention: Miranda Johnson

Monday, March 7

6:30 a.m. — Jane Jessey ♥ 8 a.m. — Stephanie Gemmell ♥ 12:10 p.m. — Deceased Members of the Petrino Family

Tuesday, March 8

6:30 a.m. — Special Intention: Werner Burstein 8 a.m. — Harriet Keene ♥ 12:10 p.m. — Special Intention: Sr. Mary Emmanuel Stahl

Wednesday, March 9

6:30 a.m. — Edward Tooley ♥ 8 a.m. — Special Intention: Rose Wheeland 12:10 p.m. — Brady and Sheena Anderson

Thursday, March 10

6:30 a.m. — Maximo Camara ♥ 8 a.m. — Special Intention: Jacob Verna 12:10 p.m. — Carol Welsh ♥

Friday, March 11

6:30 a.m. — Maj. Gen. John C. Schiedt 8 a.m. — Jane Jessey ⊕ 12:10 p.m. — Peter Cernansky ⊕

Saturday, March 12

8:30 a.m. — Jane Jessey ♥ 5 p.m. Vigil — Virginia "Bootsie" Duncan Hall ♥

READINGS FOR THE WEEK

Sunday, March 6

Dt 26:4-10; Ps 91:1-2, 10-15; Rom 10:8-13; Lk 4:1-13 **Monday, March 7**

Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46 Tuesday, March 8

Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15

Wednesday, March 9

Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32

Thursday, March 10

Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12

Friday, March 11

Ez 18:21-28; Ps 130:1-8; Mt 5:20-26

Saturday, March 12

Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

WE WELCOME THROUGH BAPTISM

Thomas Derosa and Noelle Marie Kenny

PRAY FOR THE ILL, INCLUDING

Luis de Andino, Suzanne Aragona, Theresa Aranda, Crystal Barr, Jayson Beckwith, Jon Bunting, **Mary Bourke**, Maria Campo, J. Collins, Quinn Copps, Cathy Craft, Mary Davis, Jean Edwards, Cynthia Ellis, Gary Farabough, Gina Gonzalez, Zia H-Bahaduri, Michael Hahn, Michael Henderson, Foltzy Huttman, Eric Jaramillo, Robert Juszczyk, James Primm, Tom Mack Jr., Bill McCarthy, Bud Miles, Lois Miller, Dean Montayne, Terry Nunan, Kathryn Phillips, Cathy Quinn, Mark Souder, Alexander Staron and Noel Tohill

PRAY FOR THE RECENTLY DECEASED, INCLUDING Bernadette Troy

PRAY FOR THOSE ACTIVELY SERVING IN HARM'S WAY, INCLUDING

Alex Deerr, Kaylyn E. Krzemien, Sara McAlpin, Mitchell Mehaffey, Vincent P. Pensyl, Ryan Rickley, David Alejandro Sandoval, Patrick Tuccillo, Josh Villeneuve and all those serving in law enforcement, as firefighters and as emergency first responders.

PRAY FOR OUR DIOCESAN PRIESTS

March 6 — Very Rev. Robert C. Cilinski March 7 — Rev. Joseph J. Clark (Retired) March 8 — Rev. Msgr. R. Roy Cosby (Retired) March 9 — Rev. Phillip M. Cozzi March 10 — Rev. Msgr. John C. Cregan (Retired) March 11 — Rev. Keith D. Cummings March 12 — Rev. Jerome R. Daly (Retired)

PRAY FOR VOCATIONS

The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God.

Are you considering a call from the Holy Spirit to become a priest in front of the altar of our LORD?

Contact Fr. Michael Isenberg at michael.isenberg@arlingtondiocese.org

or 703.841.2514.

Names of the ill are listed for 4 weeks. Names of those actively serving in harm's way (generally means deployed overseas) are listed for 4 months. Reinstate or add a name at bulletin@stmaryoldtown.org or call 703.836.4100.

HOLY FATHER'S INTENTION FOR MARCH



A Christian response to bioethical challenges. We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

WORSHIP & ONGOING FAITH FORMATION

EXPOSITION OF SACRED RELICS: TREASURES OF THE CHURCH

The Basilica of Saint Mary will host a visit on Tuesday, March 8, by more than 150 sacred relics, brought to us by Father Carlos Martins of the Companions of the Cross. He will discuss the relics during at talk in the Basilica beginning at 6:30 p.m. Following his talk, you may venerate the relics, some as old as 2,000 years, in the Lyceum at 313 Duke Street. Learn more about the collection at www.treasuresofthechurch.com.

HOLY HOUR FOR VOCATIONS

On **Thursday, March 24**, at 7 p.m., the Basilica of Saint Mary and the Serra Club of Arlington will host a Holy Hour and Solemn Vespers for Vocations. Join us in the Basilica to pray on the Vigil of the Solemnity of the Annunciation of the Lord for an increase in vocations to the priest-



hood and the consecrated life. For more information, visit the events page on the Basilica website https://stmaryoldtown.org/ or please contact Mary A. D. Petrino, Serra Club of Arlington VP for Communications, at mary.petrino@gmail.com or 703.785.5588.

Saint Junípero Serra, Ora Pro Nobis

Liturgical Calendar This Week

March 7. Saints Perpetua and Felicity, Martyrs. Perpetua, a noble lady, and Felicity, her slave, died at Carthage in 203. Their names are included in the Roman canon.

March 8. Saint John of God, Religious. Shepherd, soldier, entrepreneur before converting at age 42. Laid foundation for the Order of Hospitallers. Died in Granada in 1550.

March 9. Saint Frances of Rome, Religious. Noblewoman, wife, mother; founded a community of Benedictine

women oblates dedicated to serving the poorest of the poor. Died in 1440.

THE LIGHT IS ON FOR YOU!

As Catholics, we are to receive God's beautiful gift of mercy in the Sacrament of Reconciliation (Penance or Confession), at least once a year, especially in Lent.

To help you, the Basilica of Saint Mary is again participating in *The Light Is On for You*, an initiative of the Diocese of Arlington and the Archdiocese of Washington, with churches in the area open for prayer and Confession on Wednesdays in Lent, 6:30-8 p.m.

During Lent, Confession times at the Basilica are Wednesday, March 9, 16, 23, 30 and April 6 — 6:30 to 8 p.m.

Monday through Friday — After 12:10 p.m. Mass Friday — 7:30 p.m., after Stations of the Cross Saturday — 9 to 10 a.m. and 4 to 5 p.m.

EUCHARISTIC MESSAGE OF OUR LADY OF FATIMA

Sister Angela de Fatima Coelho, renowned expert and speaker on the Messages of Our Lady of Fatima, will offer a reflection on the Eucharistic Message of Our Lady of Fatima in our parish Lyceum (313 Duke Street), **Saturday, March 12**, 10 to 11 a.m. You're invited to attend the 8:30 a.m. Mass, join parishioners for a Rosary from 9 to 9:30 a.m., then go to the Lyceum to socialize until 10 a.m., when the talk starts. Sister Angela's recent book, *Inside the Light: Understanding the Message of Fatima*, will be available for \$20 (cash or check). The Morning of Reflection is sponsored by the Luminaries of Mary. For more info, contact Frank Spicer at praydailyrosary@gmail.com.

LENTEN JOURNEY WITH SAINT AUGUSTINE'S "CONFESSIONS"

Dr. Chad Pecknold, Resident Theologian for the Institute for Faith & Public Culture at the Basilica, will lead "A Lenten Journey Through Saint Augustine's Confessions," a five-week, guided book club series and penitential discipline during Lent. It will take place in the Basilica Lyceum Auditorium, from 6 to 7:30 p.m., for five consecutive Wednesdays, from **March 9 until April 6**. Registration is \$25 at https://stmaryoldtown.org/ 2022-lenten-book-club.

Q & A Exploring & Practicing Our Catholic Faith

Q: What does it mean when we say the Church is "Apostolic"?

A: The *Catechism of the Catholic Church* tells us the Catholic Church is apostolic in three ways: 1) The Church was and remains built on "the foundation of the Apostles, the witnesses chosen by Christ Himself (Ephesians 2:20); 2) with the help of the Spirit dwelling in her, the Church keeps and hands on the teaching of the Apostles; and 3) the Church continues to be taught, sanctified and guided by the Apostles through their successors, the college of bishops, "assisted by priests in union with the successor of Peter, the Church's supreme pastor." (*CCC* 857)



FAMILY, CHILDREN & YOUTH



JUNIOR LEGION OF MARY

https://stmaryoldtown.org/apostolate/yaya

@stmarysyaya

Aaron Zanca, Assistant Director | azanca@stmaryoldtown.org | 703.836.4100 x 3024

Children under the age of 18 who have received their First Communion, and parents seeking an extra-curricular activity that enriches a young person's spiritual life and engages them in age-appropriate spiritual works of mercy under the spiritual direction of Father Joseph, please consider joining the Junior Legion of Mary.

- WHEN: Every Wednesday from 4 to 6 p.m. Parents are welcome to attend/participate.
- WHERE: Saint Joseph Room in the Lower Level of Saint Mary's Lyceum, 313 Duke Street
- QUESTIONS: Please email Adria Tayrani at lomstmaryoldtown@gmail.com or text 571.310.4016.

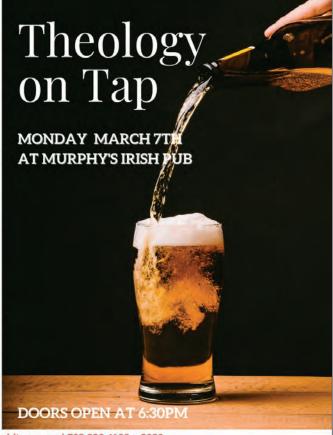


Saints, Stewards, Scholars NEWS from The Basilica School of Saint Mary

Mrs. Davin's 5th-grade class took a virtual field trip to study China's culture and physical characteristics. They traveled to mountains, cities and rural areas on their iPads to understand the parts of different geographic regions. Students created collaboration boards using the Nearpod app in preparation for group presentations and will continue to study Asian culture focusing on religion, customs and foods.







FELLOWSHIP & SERVING OTHERS

KNIGHTS of COLUMBUS – Spring Food Drive



The **Saint Lucy Project** is a food pantry and delivery network of the Catholic Charities of the Diocese of Arlington (CCDA)

that is striving to achieve a Diocese without hunger -- one county, one neighborhood, one parish, one family at a time. The many Arlington Knights of Columbus Councils and parish volunteers are a main reason this is now a major

program. As such, Council 459 will be supporting the Spring Food Drive by handing out Saint Lucy food bags after Mass the weekend of March 6th and collecting the filled bag with the goods listed below, at Mass the weekend of March 13th. Thank you for your generosity!!! The Saint Lucy Project is specifically in need of the following items -----(please, no glass!)

- √ Canned Meat/Fish
 - ✓ Cereals, Hot & Cold
- ✓ Canned Sauce & Pasta ✓ Dried & Canned Beans
- ✓ Canned Green Beans/Corn ✓ Canned Fruit ✓ Peanut Butter & Jelly
 - ✓ Rice & Grains
- ✓ Children's Snacks
- ✓ Juice ✓ Soups & Baking Items ✓ Boxed Shelf Stable Milk

Checks made out to CCDA welcomed. Gift cards from WalMart, Giant and Aldi are also welcomed.

ADVERTISER OF THE WEEK! **Many thanks to** ARLANDRIA FLOORS for advertising in our parish bulletin. Please support & patronize our advertisers!

2ND COLLECTION

This weekend. March 5/6. is for the Black & Indian Missions

GROCERIES TO GO



In partnership with Giant Foods, Safeway and Harris Teeter, screened volunteers deliver groceries year-round OF ALEXANDRIA to seniors every OTHER Thursday. Groceries

ordered over the phone based on the grocery recipient's personal shopping list. There is no minimum order required and no delivery fee. Volunteers will deliver the groceries between 10 a.m. and 12 noon to the client's home, and, if requested, will put the groceries away. For additional information or to sign up, please call 703.836-.4414, extension 119, or you can email grocer-

F3: FRATERNITY/FITNESS/FAITH

All men of the parish are invited to participate in F3 — Fraternity, Fitness and Faith, a group that meets in front of the Basilica every Saturday at 5 a.m.

The men work out for roughly 45 minutes, led by a different member of the group each week and then finish with prayer. Learn more about F3 in Episode #226 of our Basilica Podcasts at https://stmarvoldtown.libsvn.com/.

From Your Saint Vincent de Paul Society

Another Lent is here, and in addition to our Catholic tradition of giving things up, we are also called upon to do acts of charity and give alms to those in need. There

are many ways to do this, including via direct action supporting charities and/or providing financial support. The parishioners of the Basilica have been most generous in supporting charities. We at your SVdP take this opportunity to thank you, and to assure you we pray at every



meeting for all the intentions of our benefactors. We could not help so many of our neighbors, going to their homes, to shelters to group residences to meet with them and provide comfort, without your support. During Lent, you will read stories about these neighbors. Pray for them and pray for us that our charity will change lives, displacing despair with hope. Charity is love, and charity shown to neighbors lifts all of us up, spiritually as well as in the quality of our lives.



CATHOLIC SPORTS FOR YOUNG ADULTS

Upcoming Leagues INDOOR SOCCER

Sundays, March 20 to May 6, at The Basilica School of Saint Mary Gym

REGISTRATION CLOSES MARCH 6

REGISTER TODAY at www.catholicsports.net.

Bible Studies

Contact Helena Briggs to join a Men's or Women's Bible Study Sign up for our email list at www.catholicsports.net/emailsignup If you have any questions or would like to connect, email catholicsports@stmarvoldtown.org or text Helena at 540.551.2271.

AROUND OUR PARISH & BEYOND



You may place last year's Palm Sunday palms in baskets at the back of the Basilica.

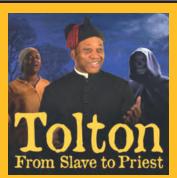
2022 BISHOP'S LENTEN APPEAL

Do this in remembrance of me.

By participating in the BLA, we remember the gift Christ Himself gave us through His body and blood, and are asked to respond to His call to serve our brothers and sisters. As of February 24, the Basilica had reached 41 percent of our assigned goal (\$725,000) for 2022. Thank you!

Make a donation at www.arlingtondiocese.org/bla or scan this QR code. You also may make a gift at www.arlingtondiocese.org.





A live, multi-media production, *Tolton:* From Slave to Priest, will be performed by Actor Jim Coleman in Saint Mary's Lyceum Auditorium, 313 Duke Street, on Monday, March 28, at 7 p.m.

Venerable Augustus Tolton is a remarkable example of a man who overcame great odds and institutional racism to become a Catholic priest. This powerful production, based on his life, is filled with music, drama and inspiring performances. It carries a message of hope and healing for the wounds plaguing our culture.

Ticket: \$10 at https://stmaryoldtown.org/tolton

Seating is limited, so please pay by March 25.

The event is co-sponsored by the Basilica of Saint Mary, the Diocesan Black Catholic Ministries Office and Saint Joseph Parish. Following the play, there will be a reception in the parish Lyceum with refreshments served by the Saint Katharine Drexel Society.



Supporting the Cloistered Nuns of Saint Dominic's Monastery in Linden, VA

SUNDAY, MARCH 27 — 5 to 8 p.m.

Westwood Country Club 800 Maple Avenue East, Vienna, VA with Reception, Dinner, Raffle and Auction Seating is limited. **RSVP by March 21.**

Send a check payable to Friends of Saint Dominic's Monastery, 524 North Pitt Street, Alexandria, VA 22314. Purchase tickets online using this QR code. Or visit https://forms.ministryforms.net/viewForm.aspx formId=61bfbd2b-10fc-4328-a1ec-2d5f7ca67b6e.



For additional information, contact friendsofstdominicsmonastery@gmail.com.

PILGRIMAGE TO PORTUGAL & THE CAMINO DE SANTIAGO WITH FATHER HATHAWAY AND FATHER NOAH

Father Edward Hathaway, Rector of the Basilica, and Father Noah Morey, a priest-in-residence at the Basilica and the chaplain at Bishop Ireton High

School, will lead the pilgrimage of a lifetime to Portugal and the Camino de Santiago, **June 5–17, 2022**. The pilgrimage begins with a three-day visit to the greatest shrines of Portugal, including Fátima, the Eucharistic Miracle of Santarém and the Bom Jesus do Monte in Braga. It

wraps up with eight days in Spain, six spent walking the Camino, and the last two days of the trip in Santiago de Compostela. You can learn more and register at https://prorometours.com/santiago.

PRIME TIME SINGLE CATHOLICS

PTSC serves single Catholics 40 and over. Meet us for: Thursday lunches (March 10 and 24); movie and dinner in McLean (March 6); dinner in Great Falls (March 12); Capital Wind Symphony free concert (March 20); walk to Lake Mercer (March 26); Tridentine Latin Rite Mass at Saint Lawrence Church and lunch (March 27). For more details, visit bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com.

AROUND OUR PARISH & BEYOND

LENT: This Week at The Basilica of Saint Mary

Sun Mar 6	Mon Mar 7	Tues Mar 8	Wed Mar 9	Thurs Mar 10	Fri Mar 11	Sat Mar 12
Mass	Mass	<u>Mass</u>	Mass	<u>Mass</u>	Mass	<u>Mass</u>
7 am	6:30 am	6:30 am	6:30 a.m.	6:30 am	6:30 am	8:30 am
8:30 am	8 am	8 am	8 a.m.	8 am	8 am.	5 pm (Vigil)
10 am	12:10 pm	12:10 pm	12:10 p.m.	12:10 pm	12:10 pm	
11:30 am	i i	·		· ·	·	Confession
1 pm	Confession	Confession	<u>Confession</u>	Confession	Confession	9-10 am
5 pm	After 12:10 pm	After 12:10 pm	After 12:10 p.m.	After 12:10 pm	After 12:10 pm	& 4-5 pm
•	Mass	Mass	Mass	Mass	Mass	
Saint Lucy			and 6:30-8 pm		and 7:30 pm	
Food Project		Treasures of			after Stations	
(food bags		the Church:	<u>Adoration</u>			
distributed		Sacred Relics	12:45-8:30 pm		Lenten Supper	
before/after		of the Saints			6-7 pm in the	
Masses)		Presentation	Holy Hour &		Lyceum	
,		in the Basilica	Benediction		,	
	<i>h</i>	6:30-7:45 pm,	7-8 pm		Stations of	
V.XX	L/1	Veneration of			the Cross	
	The second second	relics in the	Book Club:		7 pm in the	
		Lyceum	Saint		Basilica	
		Auditorium,	Augustine's			
		after 7:45 pm	Confessions,			
			6-7 pm, in the			
11			Lyceum			
			Auditorium			
(AXI)						
170	-410					
	/ / /					

FROM THE ARCHIVES A periodic look at the history of our Basilica of Saint Mary parish since its founding in 1795



ITINERANT PRIESTS AT SAINT MARY

Priests assigned to serve Catholics in Maryland and Virginia in the late 18th and early 19th centuries traveled from mission to mission with the Potomac River as their highway. They stopped at the homes of Catholics who would gather the faithful from miles around to receive the sacraments and attend Mass. Some homes had chapels. The priest usually carried everything he needed - from vestments to altar bread - on horseback (or boat). The life of an itinerant priest was difficult and tiring. Due to church rules on fasting and abstinence, neither the priest nor congregation could eat or drink anything before Mass. With the large number of persons wanting to go to confession, the priest often did not begin Mass until the middle of the day. Father John (Giovanni) Grassi, at Saint Mary in 1811, described a typical visit:



On Saturday, the missionary leaves his residence, and goes to take up his lodging with some Catholic living near the church. Having arrived at the house, he puts the Blessed Sacrament in some decent place, and also the Holy Oils, which without he never sets out on a journey. On the following morning, he rides to the church and ties his horse to a bush. The whole morning is spent in hearing confessions; meantime, the people from the distances of four, six, ten miles, and even more, are coming in on horseback, so that often the church is entirely surrounded with horses. Mass begins toward noon; during the celebration, those who can read make use of the prayer book, and pious hymns, for the most part in English, are sung by a choir of men and women. The sermon comes after the Gospel, and it is preceded by the Gospel read in the vernacular [S]ometimes it [the sermon] is deferred until after Mass, to enable the priest to take some refreshment, which

Father Grassi

the faithful never fail to supply When Mass is over, the children recite the catechism, infants are baptized, or the ceremonies are supplied in case of those already baptized in danger, prayers for the dead are recited or the funeral services are performed over those who have been buried in the churchyard during the absence of the priest. Finally, one must attend to those who ask for instruction in order to join the Church, or who wish to be united in the bonds of holy matrimony. (From John Grassi's article, "The Catholic Religion in the United States in 1818," in Documentary Reports on Early American Catholicism) — Kitty Guy, Parish Historian



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