



Do You Need Help With Food?

- If you are a resident of the City of Alexandria, you can come to the **ALIVE! Last Saturday Food Distribution**.
- This program provides free canned foods, fresh fruit, vegetables, and perishables for those in need in the City of Alexandria.

Food is for pick-up only.

Who qualifies for help?

- Households in the City of Alexandria whose earnings or monthly incomes qualify under the U.S. Department of Agriculture guidelines.
- All households receiving SNAP (Food Stamps), SSI, or Medicaid automatically qualify.

Where?

- West End Site: John Adams Elementary School, 5651 Rayburn Avenue, Alexandria, 22311, 8am - 11am
- East End Site: Cora Kelly Recreation Center, 25 West Reed Ave, 9am to 11am
- Old Town Site (22314 zip): Ladrey High Rise, 300 Wythe Street, 8:30am to 12noon

When?

- On the Last Saturday of every month January through October, and the second Saturday in December

How?

- Go to the site closest to you early during the hours of operation
- Bring identification showing that you live in the City of Alexandria
- Be prepared to sign a USDA Form attesting that you are eligible based on your income, or already being qualified for Food Stamps, SSI, or Medicaid
- It is helpful to bring re-usable bags, or small carts to help carry your food to your car

2018 Distribution Dates:

Jan 27	Feb 24	Mar 31	Apr 28	May 26	Jun 30
Jul 28	Aug 25	Sep 29	Oct 27	-----	Dec 8

No Distribution in November