



PREPARE TO SERVE

Seminar Schedule | March 2026 - May 2027

FOLLOW ME: LIVING THE GOSPEL IN MARRIAGE

2026: March 7, April 11, May 2, July 11, August 8, September 5, October 3, November 7

2027: January 9, February 6, March 6, April 10

COVENANT & COMMUNION: GOD'S VISION FOR MARRIAGE

February 21, 2026

December 12, 2026

July 25, 2026

May 22, 2027

SPEAKING THE TRUTH IN LOVE: COMMUNICATION AND CULTURE IN CATHOLIC MARRIAGE

March 14, 2026

October 17, 2026

May 16, 2026

March 20, 2027

LOVE THAT HEALS: EMOTIONAL GROWTH, FORGIVENESS, AND MATURITY IN MARRIAGE

June 20, 2026

April 24, 2027

November 21, 2026

BODY & SOUL: EMBRACING GOD'S DESIGN FOR LOVE AND LIFE

March 28, 2026

August 22, 2026

January 23, 2027

MONEY, MISSION, AND MARRIAGE: FINANCIAL FREEDOM AS A PATH TO UNITY AND PEACE

April 25, 2026

September 19, 2026

February 27, 2027



SATURDAYS



10:15 AM-12:00 PM



LYCEUM AUDITORIUM

313 Duke Street
Alexandria, VA 22314



+301-658-6389

Basia Soutsos

+703-836-4100

Mariane Staron





PREPARE TO SERVE

Sample Timeline | Meetings + Seminars

MONTH ONE

Initial meeting with assigned priest "Follow Me" Seminar

MONTH TWO

Seminar Two Mentor Meeting #1

MONTH THREE

Seminar Three Priest meeting #2

MONTH FOUR

Seminar Four

MONTH FIVE

Seminar Five Mentor Meeting #2

MONTH SIX

Seminar Six Final Priest Meeting

The first two requirements for all couples are to meet with their assigned priest and attend the "Follow Me" seminar.

All other meetings and seminars can be scheduled according to the couple's availability.

REGISTER FOR SEMINARS AND REQUEST YOUR MENTOR COUPLE ON OUR WEBSITE!



Questions?
Contact Basia Soutsos at bsoutsos@stmaryoldtown.org or
Mariane Staron at mstaron@stmaryoldtown.org.

